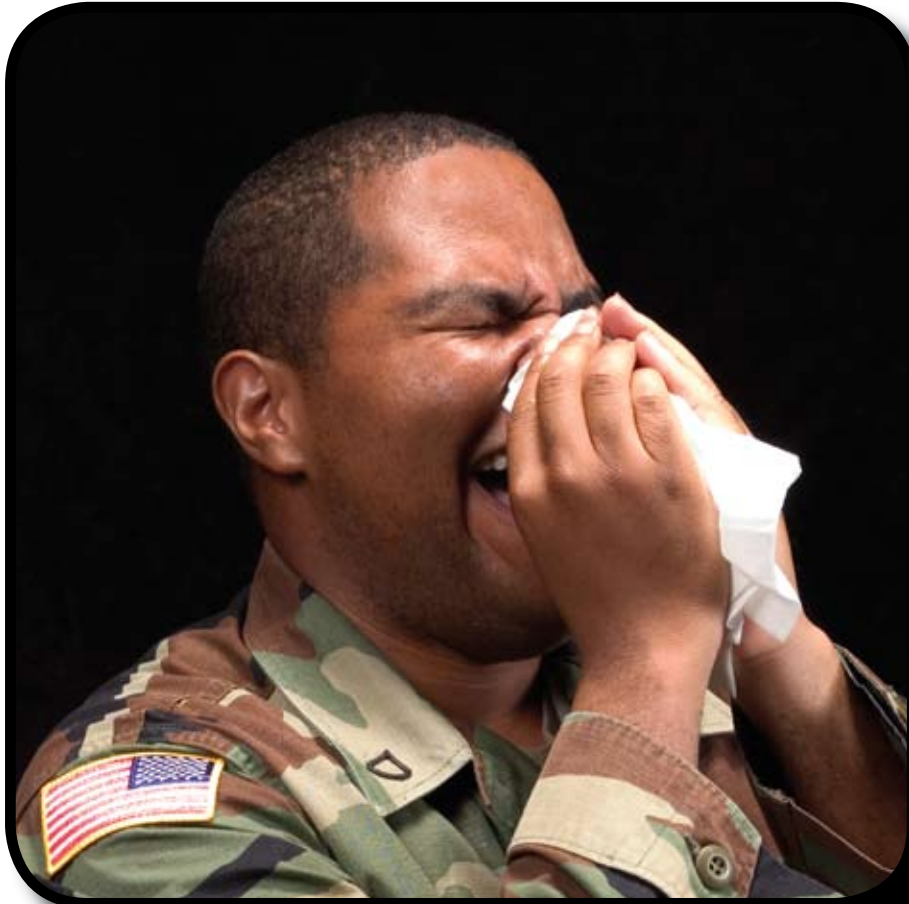


Stop the spread of germs

1 Cover Your Cough



Put your used tissue in the waste basket.



Cover your mouth and nose with a tissue when you cough or sneeze

or
cough or sneeze into your upper sleeve, not your hands.



You may be asked to put on a surgical mask to protect others.

2 Clean Your Hands especially after coughing or sneezing.



Wash with soap and water

or
clean with alcohol-based hand cleaner.

